

9-17-2008

The Winonan

Winona State University

Follow this and additional works at: <https://openriver.winona.edu/thewinonan2000s>

Recommended Citation

Winona State University, "The Winonan" (2008). *The Winonan - 2000s*. 205.
<https://openriver.winona.edu/thewinonan2000s/205>

This Newspaper is brought to you for free and open access by the The Winonan – Student Newspaper at OpenRiver. It has been accepted for inclusion in The Winonan - 2000s by an authorized administrator of OpenRiver. For more information, please contact klarson@winona.edu.



News for a campus community

WINONAN

Wednesday, Sept. 17, 2008

Volume 87 Issue 3

Getting around may get a little bit easier

By Kaarina Alfors
Winonan

For the many Winona State University students stranded on campus, trying to find a way to just get to the grocery store or the bowling alley, salvation may be in sight.

Many universities and colleges across the United States are utilizing Zipcar as a convenient and cheaper choice

of transportation for their students.

The cars themselves will come from a Zipcar location in Minneapolis. Students will be able to rent these cars from Zipcar for any extended period of time.

Costs will include the gas needed for the car and a renting fee.

Students will be renting the cars from Winona State, but

will actually directly interact with Zipcar. In order to use the cars, students will need to fill out the necessary paperwork through Zipcar, such as car insurance information and car crash deductibles.

A variety of cars can be rented by Winona State through the Zipcar program. These include the Honda Civic, Mazda 3, Toyota Matrix, VW Rabbit, and the Subaru Impreza. Estimated

costs for Winona State are between \$1,500 to \$1,700 a month for each car.

If 35 percent of students are using the cars, the cars will end up paying for themselves.

According to Chris Brignull, the Student Senate's Services Chair, a few transportation problems could potentially decrease with use of the cars.

For example, busy traffic around Winona State's campus

may decrease if the cars are being used.

When the Zipcar program reaches its full potential, it is said that for every one Zipcar on the road, fifteen regular cars are removed.

See ZIPCAR, page 5



Photo by Fred Schultze/Winonan

Nick Spaldin, a first-year student from Chicago, drives a virtual car impaired by alcohol at the Save a Life Tour Thursday afternoon in Kryzco Commons at Winona State University. "The steering wheel kicks back," Spaldin said, while making right hand turns on the simulator.

Winona State students are taught how to Save a Life

By Stephanie Trask
Winonan

Sit down at the wheel, get on the road, and try not to kill someone, including yourself.

Not one person who has tried has succeeded.

This was the case for approximately 50 students who attempted to drive a virtual car impaired by alcohol at the Save A Life Tour last Thursday in Kryzsko Commons at Winona State University.

The event, sponsored by the University Programming Activities Committee, is a nationwide effort to educate college students about the severity of driving while drunk by using virtual technology to give students a taste of reality.

The simulator is similar to a video game, with controls for driving a car. There are three large screens to get a 180-degree view while driving.

A driver starts the car, puts it into drive, and heads down a virtual course.

Every 20 seconds, the car becomes more and more impaired, as if the car is drunk, making the driver's reaction time to stopping and turning slower and slower.

Drivers must watch for pedestrians, oncoming traffic and street signs, all while following the speed limit.

See SAVE, page 5

Depression workshop
increases awareness

New interdisciplinary
minor offered

Random acts of
kindness

Volleyball succeeds
again

Phone: (507) 457-5119

<http://www.winona.edu/winonan>

Depression: Getting help and spreading the word

By Stephanie Trask
Winonan

Imagine a friend, brother, sister or cousin here today and gone tomorrow because of their decision to take their own life.

Counselor Lynda Brzezinski, of Winona State University, said 50 percent of the students who access counseling services are depressed or anxious, causing an increase in the rate of suicide attempts or thoughts.

In recognition of National Suicide Prevention week, Brzezinski hosted an event last

Tuesday afternoon to educate students about the widespread surge of depression, and the need to recognize symptoms and resources available.

A film produced by college students, for college students titled "The Truth About Suicide," was shown and followed by a discussion.

According to the American Foundation for Suicide Prevention, suicide is the second leading cause of death among college students, after accidents and homicides.

Nationally, depression rates

are rising.

"Students are being put under more pressure than ever," Brzezinski said.

Students' wellness and schedules are most commonly the cause of depression. They try to balance work, academics, exercise, sleeping and eating habits.

Depression is also caused by an imbalance of chemicals in the brain, making it harder to treat.

Symptoms include constant sadness, loss of interest in usual activities, poor appetite

or overeating, lack of energy, trouble concentrating, feelings of worthlessness or guilt and thoughts of suicide.

Brzezinski said there are different types of depression, ranging from minor to major, which includes mental diseases such as bi-polar disorder.

At the film showing, students were asked if they or someone they knew had been depressed.

In a room of about 40 people, over half the hands went up.

Junior Katie Stueber, a social work major, came to watch the video because of general

interest.

"These are real life examples and it proves that it (suicide) can happen to anyone," she said.

Brzezinski said depression is the most treatable illness out there and encourages students to be familiar with symptoms to help friends in need.

See *HELP*, page 6

09.20.08

Save the date. Keep it really, really OPEN.

Join us on Software Freedom Day September 20th. It's your opportunity to show support for all things open source. While you're at it, join a Sun Open Source University Meetup at sun.com/swfreedom. *Change (Y)our World. Support Software Freedom Day.*



The Network is the Computer™

© 2008 Sun Microsystems, Inc. Sun and the Sun Microsystems logo are registered marks and The Network is the Computer is a trademark of Sun Microsystems, Inc.

SAVE

Bryan Moffatt has been traveling with the tour for over a month now. The tour has traveled to every state except Alaska.

He got involved after a close friend was killed by driving while drunk several years ago.

"We always drove drunk in high school, it was just what we did," Moffatt said. "We thought we were invincible."

His friend, Dave, left a party one night to go get food and never came back.

"You don't think it'll ever happen to you, but this stuff's real and it happens every day," Moffatt said.

On average, someone is killed by a drunk driver every 39 minutes according to Mothers Against Drunk Driving,

an organization devoted to informing people about the harms of drunk driving.

First-year student David Larrabee sat down at the simulator to give it a try. Within two minutes, Larrabee had fatally crashed.

"The machine gets really hard to control really fast," he said. "I'm definitely not about drunk driving."

Activities director Joe Reed said UPAC has sponsored the tour several years ago and it was a big success.

"It's very realistic," he said. "The message is pretty clear."

Next to the simulator were large black banners that caught the attention of students with messages and images of drunk driving.

A black coffin sat in the corner, warning students of the consequences with a sign that read "reserved for next drunk driving victim."

A wide-screen TV played a slide show of a college student from Colorado State who died due to binge drinking.

Moffatt suggests that students who decide to consume alcohol should make sure ahead of time to designate a sober driver.

"If you know you're gonna drink, you best call a cab or stay the night," he said. "It's not worth the risk to drive while drunk."

Contact Stephanie at
SMTrask8045@winona.edu

The Winonan is Hiring

The newspaper is
looking for sports and news
reporters!

Interested?

Pick up an application in the Winonan
office located in the Lower Hyphen.

RED WING TATTOO

161 E. THIRD ST. DOWNTOWN
WINONA, MINNESOTA
(507) 454-3452
WWW.REDWINGTATTOO.COM

HE WHO DELIVERS

FAST — DELIVERS — BEST

AMERICA'S SANDWICH DELIVERY EXPERTS!™

155 E. 3RD ST.
507.454.4711

WE
DELIVER!

JIMMY JOHN'S
Since 1983
WORLD'S GREATEST
GOURMET SANDWICHES

JIMMY
JOHNS
.COM

© 1995, 2002, 2003, 2004, 2008 JIMMY JOHN'S FRANCHISE, LLC

Winona State University remembers the events of 9/11



Photo by Jackie Hahn/Winonan

Students set up 2,977 flags outside of Phelps Hall Thursday to commemorate the lives lost during the Sept. 11, 2001 terrorists attacks on the U.S. More than 25 people attended a candlelight vigil and moment of silence Thursday night around the flags.

American Democracy Project Announces Constitution Day

WSU's American Democracy Project is holding Constitution Day activities from 9 a.m. to 4 p.m. Wednesday, Sept. 17, in the Darrell Krueger Library Rotunda.

Sept. 17 is Constitution Day and Citizenship Day and commemorates the 1787

signing of the United States Constitution.

A multimedia display of scans of the original, signed Constitution will be shown and an audio of the U.S. Constitution will be read.

In time for this fall's elections, pocket Constitutions and Voter

Registration cards will be available.

The events are free and open to the public.

For more information, e-mail Kara Lindaman at: KLindaman@winona.edu.

WAREHOUSE
LIQUOR

176 E. 3rd St.
Winona • 507-452-1821

WAREHOUSE
WINE & SPIRITS

4445 Hwy. 61 W
Goodview • 507-452-1106

Winona State senior comes face to face with Hurricane Ike

By Stephanie Trask
Winonan

Hundreds of miles from Winona, Hurricane Ike crashes head-on into the Gulf Coast of Texas, destroying the city of Galveston.

For Winonans, this is just another hurricane. But to Winona State University senior Bekky Mayfield, this hurricane destroyed the facility where she was interning, and threatened the chances of her graduating on time.

The senior, who plans on graduating this spring in Therapeutic Recreation, was evacuated from Transitional Learning Center, the facility she was interning at in Galveston, Texas, hours before the hurricane hit.

Last Thursday morning, Mayfield's advisor gave a mandatory evacuation to her and her co-workers at the TLC, when hurricane activity was reported to soon be hitting the area.

"It was originally supposed to hit south of us," she said. By 2 a.m. Friday, the hurricane hit Galveston head-on and hit the Houston area.

Mayfield was given only 45 minutes to pack what she could before leaving for Dallas, Texas.

The TLC, which is a facility for people who have brain damage, was safely evacuated, while remaining patients were taken with family members or friends.

Mayfield rode up to Houston with her supervisor and is staying at the house of her

supervisor's relative for the time being.

"I was fortunate enough to be able to stay at a home, whereas most people from the Galveston area are staying at evacuation centers," Mayfield said.

The drive from Galveston to Dallas, normally a four-hour drive, took 10 hours because of the heavy traffic heading north.

Mayfield has been watching the news and listening for word on Galveston.

Residents were told they could return at the end of the week to get belongings and assess their

damage, but that Galveston would not be livable until the end of the month.

She had been staying on the second floor of a dormitory in Galveston, and did not have a car in Texas.

"With the 45 minutes I had, I packed a week's worth of clothes and put all my other belongings as high as I could," Mayfield said. "I'm hoping the building wasn't flooded that high."

Along with the hurricane, Mayfield has been coping with the recent death of her grandmother, whom she couldn't go home to visit due to the hurricane.

"It's just been a lot to take in these past few days, a lot of emotions," Mayfield said. "I'm really sad I couldn't be there for her."

The devastation has shown her a new perspective of the area, Mayfield said.

"When Katrina hit, I didn't really understand what was

going on and I didn't think too much of it, which I know is bad," Mayfield said. "But having seen first-hand the destruction and what people are going through, it's a completely different story."

The senior wants to make Winona State more aware of the hundreds of thousands without power, drinkable water, or personal belongings.

"Send out your prayers to those left behind," Mayfield said.

Monday, Mayfield received word from the university that she could do another internship at a different location and still be able to graduate on time. She decided to return to Winona State University instead of staying in Texas.

"Winona State was very accommodating to my needs with all that happened, there was no battle whatsoever," Mayfield said. "I'm coming back for reasons beyond circumstances."

She hopes to find another internship in the Winona area and still graduate in spring.

Contact Stephanie at
SMTrask@winona.edu



Mayfield

TWO WORDS CAN
BRING EVEN GROWN
MEN TO TEARS.

We deliver.

Order this week for a chance to win
FREE SUBS FOR A YEAR!!!

Get a game piece in-store or delivery

Erbert & Gerbert's
SUBS CLUBS

Open till 2 am
474-3727

ON-9-23



ZIPCARS

Brignull said the Zipcars may also help with campus parking.

With fewer students needing on-campus parking for their own cars, more parking spots will open up in the smaller, more popular lots, he said.

Brignull said he expects Winona State students to respond well to the Zipcars.

"Reaching full potential hopefully won't be a problem," Brignull said.

Currently, it has not been decided when the Zipcars will take effect.

Brignull has set up a Facebook group, titled "Zipcars," in order to obtain feedback about the program.

Contact Kaarina at
KOAlfors0628@winona.edu

Cemetery Discovery Walk

Winona State University is looking for volunteers for this year's "Voices from the Past: Woodlawn Cemetery Discovery Walk."

Volunteers are needed from 9 - 11:30 a.m., Wednesday through Friday, Oct. 8 - 10, and 11:45 a.m. - 4 p.m. on Saturday and Sunday, Oct. 11 and 12, at Woodlawn Cemetery.

The event is sponsored by the Winona County Historical Society.

For more information contact Beth Halleck at 507-457-2444 or e-mail BHalleck@winona.edu.

HELP

During the film presentation, Brzezinski asked why students on campus were so often reluctant to seek medical help. The classroom agreed that it was probably hard to talk about with strangers, and that they felt a need to keep it to themselves.

"We need to educate about depression and suicide and break the stigma," Brzezinski said. "There are probably a fair share of students who are depressed who don't seek help."

Treatment for depression varies on the severity of the disease.

"It's like a dance," Brzezinski said. "We put this thing between us and pull it apart, dancing around it till we figure it out."

For students whose depression may be extreme, they may be referred to health services to get medication for treatment.

About once or twice a year, Brzezinski has a situation in which a depressed student has suicidal thoughts severe enough to need hos-

pitalization, and that's when the confidentiality may be broken, in order to phone the student's parents and seek medical attention.

"I have an ethical, legal duty to make sure students get the help they need, whether it's just talking or by taking them to the hospital," she said.

Winona Health Services and the counseling services have a very close relationship with Winona's Community Memorial Hospital and also have close ties with other resource services, such as a chemical dependency rehab center in Winona.

Oct. 15 is National Depression Screening Day. Students can sit down with the counselors one-on-one to assess their level of anxiety or depression.

"It's so important that students know the symptoms and the resources available, if not for them then for someone they care about," Brzezinski said.

Contact Stephanie at SMTrask8045@winona.edu

**Watch next
week for a
Winonan
Homecoming
Recap!**

Security Incidents

Wednesday, Sept. 10

12:59 p.m. A student fainted in Pasteur. EMS and Security responded and the student was transported to the hospital.

5:20 p.m. A fire alarm activated in Lourdes Hall. False Alarm, referred to Maintenance and Custom Alarm.

Thursday, Sept. 11

2:50 a.m. A report was received regarding a suspicious male outside of the Quad. Security responded and the individual was gone on arrival.

Friday, Sept. 12

10:42 p.m. a high school football player was injured at the stadium, EMS and Security responded. Student was taken to the hospital.

Saturday, Sept. 13

8:28 p.m. Security assisted Residence Life Staff with a drug violation in Lucas. Referred to the Hall Director.

12:24 a.m. Security and EMS responded to Lourdes Hall regarding an intoxicated student. After an initial assessment the student was transported to the hospital by ambulance.

3:00 p.m. Security contacted a suspicious individual at the stadium. Winona Police were also called. The individual was wearing police type clothing and making comments. Individual was told to take affected clothing off or leave the stadium

Sunday, Sept. 14

1:45 a.m. Security assisted Residence Life Staff with an alcohol violation in Prentiss-Lucas. Referred to Hall Director.

Homecoming Happenings

Wednesday, Sept. 17

Medallion Clue 3

Thursday, Sept. 18

Medallion Clue 4

Distinguished Alumni

Award Dinner

PLACE: Main Campus
TIME: 6 p.m.

Second City Comedy
Troupe

PLACE: Main Campus
TIME: 7:30 p.m.

Friday, Sept. 19

Medallion Clue 5

Club Fair

PLACE: Main Campus
TIME: 7:30 p.m.

Pep Fest

PLACE: Main Campus
TIME: 7:30 p.m.

Coronation

PLACE: Main Campus
TIME: 7:30 p.m.

Saturday, Sept. 20

Homecoming Parade

PLACE: Huff Street
TIME: 10 a.m.

Sesquicentennial
Birthday Party

PLACE: Main Campus
TIME: 11 a.m. - 1 p.m.

Football Game: Winona vs
Concordia St. Paul

PLACE: Alltel Stadium
TIME: 1 p.m. - 4 p.m.

WHAT'S HAPPENING AT WSU...

Wednesday, September 17

Athenaeum: From Winona to Argentina at the Turn of the Century: Women Who Changed Education

PLACE: Athenaeum, 2nd Floor
TIME: 1 p.m.
Contact: Joe Mount at JMount@winona.edu

CLASP: Liquid Dreams: Water as Metaphor in Literature

PLACE: Performing Arts Center Green Room
TIME: 7 p.m.
Contact: Toby Dogwiler at TDogwiler@winona.edu

Thursday, September 18

Vietnam Traveling Memorial Wall

PLACE: Main Campus
TIME: All Day.
Contact: Ann Kohner at 507-457-5870 or AKohner@winona.edu

Friday, September 19

Vietnam Traveling Memorial Wall

PLACE: Main Campus
TIME: All Day.
Contact: Ann Kohner at 507-457-5870 or AKohner@winona.edu

2008 Warrior Two-Person Best Shot Championship

PLACE: The Bridges Golf Club
TIME: 1 p.m.
Contact: Robert Newberry at 507-457-5621

Saturday, September 20

Vietnam Traveling Memorial Wall

PLACE: Main Campus
TIME: All Day.
Contact: Ann Kohner at 507-457-5870 or AKohner@winona.edu

Warrior Waddle 5K Run/Walk

PLACE: East Lake Winona
TIME: 8 a.m.
Contact: Alumni Office at 507-457-5027

16th Annual Warrior Club Sports Auction and Social

PLACE: Kryzsko Commons Solarium
TIME: 4 p.m.

Sunday, September 21

Vietnam Traveling Memorial Wall

PLACE: Main Campus
TIME: All Day.
Contact: Ann Kohner at 507-457-5870 or AKohner@winona.edu

Monday, September 22

Healthy Mondays: Sex Signals

PLACE: The Bridges Golf Club
TIME: 1 p.m.
Contact: Kelli McClintick at 507-457-5619

Tuesday, September 23

Price-Graham-MacDonald Trio

PLACE: Main Stage
TIME: 1 p.m.
Contact: Marybeth Lenhardt at 507-457-5250

It might not overtake capitalism, but it's fun – Really Really Free Market



**By Brian Sanders
Winonan**

As Nov. 4 approaches, we are likely to hear politicians and journalists say quite a bit about the economy (by which they mean the American economy, by which they usually mean the wealth of the middle class and above).

Politicians running for office will undoubtedly offer suggestions for monetary and tax policies that they will enact upon entering Washington or St. Paul or Madison, policies to help bring us out of this "recession" and back into a "growing economy".

Voters will certainly be listening to these suggestions. According to a CNN/Opinion Research Corporation Poll taken Sept. 5-7, 56 percent of American adults said the economy would be most important to them when deciding how to vote for president.

Obviously, Americans care quite a bit about the state of the economy, especially when they perceive gas prices as high and are facing constant bombardment from news that tells them America's in a recession, among other problems.

Still, this article is not about politics and how to "fix the economy," but to offer an invitation to come spend Sunday afternoon participating in a form of alternative economics at the Really Really Free Market.

The RRFM serves as an escape from both boredom and capitalism (since the two

often go hand-in-hand) and into a world of community engagement.

On Sunday, scores of people will go to Sobieski Park to spend several hours remembering how to share with their neighbors.

These 'Free Marketeers' will bring many desirable goods and services — clothes, books, prepared food, haircuts, furniture, music, a game of chess, bicycles, and crafts, to name a few — to offer for free to others.

The first RRFM in Winona happened in April, and it has been a vibrant monthly event since then. It typically occurs on the third Sunday of the month. The best way to find when it will be taking place is to check the "Free Winona," a great monthly local periodical which everyone should be reading. In addition to thoughtful discussions of topics relevant to Winonans, "Free Winona" also has an event calendar full of exciting things that will be

happening that month. You can find "Free Winona" many places around town.

The 'Free Market' is important for a number of reasons. We all know that America has a tremendous level of wealth inequality compared to similar nations.

We also know that Americans, in general, are extremely suspicious of government activity designed to rectify that problem. In addition, Americans have a tendency to be quite individualistic — we're thinking about how to maximize our own wealth while we drive in cars by ourselves and live in large homes that keep us sheltered from our next-door neighbors (and even more sheltered from poorer neighbors in other parts of town.)

Now, since American economics isn't likely to bring people together in a more egalitarian, community-oriented way, the 'Free Market

does.

At the RRFM, there are no haves and have-nots, just people who contribute what they can and take what they will.

While the 'Free Market' is not going to replace capitalist interactions any time soon, it does provide a great place to build community and share wealth, and equally as important, fun, in the meantime.

I hope to see you all there! Sunday at 11 a.m. at Sobieski Park (go east on Sanborn three blocks past Mankato... a 10 to 15 minute bike ride).

The fun usually lasts until about 4 p.m. Email me if you need help getting a copy of "Free Winona," need better directions or want someone to bike there with you!

Contact Brian at
BPSanders06@winona.edu

Here's to new unity without great tragedy



**By Sarah Burgen
Winonan**

On Sept. 11, I attended a candlelight vigil in memory of the lives lost seven years before in the attacks on the U.S.

While I helped put the 2,977-flag display away, a man walking his dog approached and started being rude.

"Why do you need to remember these people?" he asked.

"Because it was the worst

attack on our country in recent history, and they died without logical cause or reason," I replied.

He started saying that we should remember the other lives lost in other wars. I made sure to point out the memorials down by the bandshell at Lake Park.

My dad is a Vietnam veteran. He doesn't talk about it, but I know enough about it to know that war sucks, and remembering people lost in attacks, unprovoked or not, is very important.

The point was that on this particular day, we were remembering people who died just getting on planes to go somewhere for business, or people who showed up to work like any other day and wound up having a plane crash into

their building.

The dog walker kept going on and on about how we need to forget at a certain point.

A friend of mine said, "If we forget history, we are bound to repeat it."

The man's questions persisted. The same ones, over and over. Clearly, he wanted to make us feel stupid for having a cause.

He insisted that the display had political backing. It didn't. The only way it could be political was if those who viewed it made it so. We had socialists and capitalists, Republicans and Democrats, Independents and apathetic people all attending this vigil.

Sept. 13, I turned on the TV and saw a documentary about the day's events.

In graphic detail, the

filmmakers showed firsthand experiences of all four plane crashes.

It reminded me of how devastating that time was, and how united we all were. Not to get all lamely patriotic, but the strength our nation reverberated with in the weeks following the attack has diminished.

Just as I said for the flag display, I am not going to get political.

Regardless of why or how you think 9/11 happened, people died. And remembering those losses should happen at least once a year.

It's unfortunate it takes a tragedy to bring unity. Let's bring that unity back.

Contact Sarah at
SCBurgen5575@winona.edu

A note about Letters to the Editor

We invite all letter submissions but will print at our discretion. Please submit letters to:

*Winonan
Kryzsko Commons
Winona State University
Winona, MN 55987*

*or via e-mail to
sburgen5575@winona.edu.*

If sent via e-mail, please put LETTER TO THE EDITOR in the subject line. All letters must be signed, either by hand or digitally.

Wanted: football cheerleaders



By Lauren Vincenti
Winonan

Homecoming weekend is a time when alumni come back to their Alma Mater to reminisce over the good times from that past, enjoy a parade, and watch a football game. Precious. It is also a time for students to cheer on their classmates on the field, which is just where the problem lies.

Now, I have absolutely no qualms about homecoming weekend.

I always have a great time... maybe too good of a time. But I have had my fair share of these weekends throughout high school and during my time in

college, and there is definitely something wrong with Winona State University.

We have standard, uniform wearing referees, football players, cheerleaders, and a dance team. I commend them.

I also appreciate my fellow Warriors that come fill up the student section. There is just something missing, something that we seem almost incapable of during football season.

What we do not have is a student cheering section. The University of Wisconsin has "First and 10: Wisconsin!" as a popular cheer soon before they count how many push-ups Bucky Badger can do. They even sing songs together. Now, that is bonding!

Walking around Michigan State University, you can be a cheerleader even without a uniform. Simply shout "Go Green!" on game day and in response from everyone within earshot you get "Go White!" Instant friend status and, if you are lucky, you could even be on

the receiving side of a high five for that one.

Every time the University of Missouri scores, half of the stadium chants "M-I-Z!" and the other half answers "Z-O-U!"

They even have their own dance — the Missouri Waltz. Those fans obviously care if they are willing to learn choreography for a football game.

I'm sorry, but I really had absolutely no idea that being a Big 10 school is the requirement for cheering on your university's football team.

Maybe I am just having a hard time remembering our football cheers. I know "Go Warriors! Wooooo!" is a cheer, but is it a call and response, or do we all chant that together?

I've heard "OH YEAH!" but is that our cheer, or did I steal it from the red Kool-Aid pitcher?

We really need to work on our football cheers. I know we can do it, because apparently the requirement of being a

Big 10 school doesn't apply to basketball... we've gotten those cheers good and down.

Maybe we can get that cowboy dancer to run onto the field after a touchdown, or at least teach his awesome moves to Wazoo the beloved Warrior.

This article has just turned into a want ad. What I want: someone to lead our silent student section in cheers, chants, and possibly a sing-along.

There is no application process. There will be no interview. The only requirements I can think of are a loud voice, a creative mind, heart, and leader status.

If I have just described you or you just thought, "I could do that," please do.

Have a great homecoming weekend! Oh, and go Warriors!

Contact Lauren at
LPVincen6822@winona.edu

Guest views

Ye of little faith:

Random acts of kindness in the most unexpected of places

By Alyx Minor
Winonan Copy Editor

It's been too long. This incident has resurfaced in my mind too often. I feel a grateful need to reflect on and file it away for safekeeping, to perhaps dust off in later years and smile at.

Some two weeks ago, I made a trip to the grocery store. Wal-Mart, specifically, and later than prime shopping hours. Laden with a dozen and some odd bags, I began placing them in the backseat of my truck. A fine truck, feminine to a point, of modest size with easy handling.

I tossed my keys onto the

driver's seat, inadvertently locking the car via keyless entry device. Oblivious, of course, I slammed the door: on my keys, my purse, my dependency on cellular reception. Certainly, the situation could have fared much worse. It could have been raining, or January.

I simply laughed as I wondered what to do, amazed that the driver's side window had been left open just a crack. As if by fate, a man pulled up and asked if I had, in fact, locked my keys inside the truck. Dutifully, he pulled over and replied that he believed he had a wire hanger in his trunk.

This man went about fiddling with the controls just inside the

window, balancing himself on the step below my door and hanging onto the roof rack. He made easy conversation as he worked, stopping occasionally to devise a better angle of attack. He was such an articulate man; well educated and young. Actually, he said his birthday was coming up, and he would be turning 27. He and his wife moved to Winona from Arkansas when he was offered a job at the USDA in Lewiston.

All in all, the conversation was introductory and polite. The deed was simple enough, too, but when he finally smiled in satisfaction at the unlocking of my door, he turned to me

and asked if I belonged to a church. A church? I hadn't been to church but twice in my life! I admitted that, no, I didn't attend church, but he proceeded to invite me to his, which could be found down on Third Street. Third Street's where I live, I told him. Closer still, he replied. I thanked him profusely; he simply waved it off.

Such a simple act. Not terribly generous, but time-consuming and, in this case, requiring decent hanger-wielding skills. I couldn't help but beam, awash in the bright reception of kindness. I vowed to thank this man, for the overarching gesture of concern, generosity and compassion.

Winonan Staff

Sarah Burgen
Editor-in-Chief

Rachel Smith
News Editor

Ashley Bronk
Features Editor

Chandler MacLean
Sports Editor

Fred Schulze
Photo Editor

Alyx Minor
Copy Editor

Dustin Wellik
HR Manager

Duane Miller
Business Manager

Jenna Cameron
AD Manager

Spencer King
Production Manager

Bri Keddell
Marketing Manager

Favors big and small are often overlooked as necessary or commonplace; I say that true, often spontaneous kindness has been outgrown by our aloof generation. It seems to be a lost art, surfacing in odd places and too few times to be of any impacting consequence. I was a little rueful, therefore, to find myself so happily taken aback by such courtesy. This doesn't, of course, reflect on my good Samaritan (no pun!) and his assistance, but rather, my own reverence for it after having no faith.

Contact Alyx at
AQMinor5208@winona.edu

Great deals at Winona Volunteer Services

By Courtney Cosgriff
Winonan

Winona Volunteer Services opened in 1972 and sells everything from clothing and bedding to shoes and books for around \$2. The agency has come a long way since it first opened its doors.

Winona Volunteer Services first operated out of a wood house across the street from Central United Methodist Church on West Broadway.

This location was rented to the agency for a fee of \$1 annually.

Winona Volunteer Services moved to their current location at 416 E. Second St., Winona, in 1998.

According to the agency's web site, Roger Parks, chairman of the board of directors, identified the agency as a collection of seven volunteer groups that serve the needs of the community by utilizing volunteer help.

The seven services that the agency provides include: home delivered meals, a 24-hour crisis hot line, an emergency 24-hour answering service, a natural foods program, a teenage community service project and a used clothing service.



Rita Haugh, left and Sandra Dawson, volunteers at Winona Volunteer Services on Second Street in Winona bag a woman's items Friday. The winter apparel items were purchased by a woman for her grandchildren.

In addition to volunteer services, the agency also provides classes and special offers to the public. Winona Volunteer Services recently had a "Budgeting Basics" class and an "Energy Education" class.

The affordable prices and wide selection of products have made the used clothing service

the most prominent among all the services at Winona Volunteer Services.

Within the clothing section it is not uncommon to find name brand sweaters and jackets from places like American Eagle and Calvin Klein.

The clothes shop also recently put on a "3-Day Quarter Sale."

Everything in the store was a quarter in order to move overstock for the new seasonal items.

Lois Neitzke, a customer of the store for five years, says she loves shopping at Winona Volunteer Services.

"You have to look carefully in here," said Neitzke. "If you

look carefully you can see that there is a good variety of clothes and the prices are unbeatable."

The clothes shop is open 9 a.m. to 5 p.m. Monday through Friday and 9 a.m. to 1 p.m. on Saturday. The food shelf is open 9 a.m. to 1 p.m. Monday through Wednesday. It is also open 3 to 6 p.m. Thursday and 2 to 5 p.m. Friday.

This agency and various other groups were founded to promote volunteerism.

Though the agency has grown in size and popularity since its opening, the mission has stayed the same: to distribute food, clothing, shelter and emergency assistance in a quick and respectable manner.

Photo by Fred Schulze/Winonan

War, Peace and Terrorism minor at WSU

By Stephanie Vetter
Winonan

The War, Peace and Terrorism minor was approved by Winona State University last spring.

It is an interdisciplinary minor created by the Philosophy department.

This major is directed toward, but is not limited to, students who are interested in global happenings, law, international diplomacy, political science and business.

It aims to interest all students who want a better, deeper understanding of world issues.

"We all get an inkling (by simply) watching the news and reading the newspapers. (This is for someone who wants) to explore deeper," says Philosophy professor Don Scheid.

The War, Peace and Terrorism minor requires 21 semester hours to complete and is interdisciplinary. It takes classes and sources from

other departments at Winona State, such as the History and Sociology departments, and incorporates them into one course.

Continued interest for a minor concerning war and terrorism developed into the War, Peace and Terrorism minor.

The minor explores topics such as the inevitability of war, global peace, why people choose to become terrorists and if there are ways to counter terrorists and their attacks.

The minor will officially go into effect spring 2009.

Any classes required for the minor taken before this time will count toward the curriculum.

Members of the departments that make up the War, Peace and Terrorism minor are hoping to get veterans of war, as well as other community members, to speak to classes to contribute a fresh and unique outlook on the past

See MINOR, page 14

Contact Courtney at
CJCosgri4506@winona.edu

507-452-8808

GREAT RIVER
PROPERTY MANAGEMENT
& SALES

Main St & Broadway

A Great Place To Live!
Tenants Trust!

**HOUSES &
APARTMENTS**

www.greatrivermanagement.com

email:grmshbci.com



The Ruckus

a review that loves music almost as much as you do

'Death Magnetic' resurrects Metallica

By Jack Chandler
Winonan

Let's say you're in a band, and your band was huge back in the day.

We're talking lots of records sold and lots of arenas packed.

Your band was on top of the world, but then something happened.

No, no. Not drugs, sex or the 1980s.

You got bored and took your own sound for granted. You had a few misguided album releases, and the bands diminished "selling power" prompted a label change.

Yeah, that sounds about right.

Well, what are you going to do to turn this tattered legacy around?

Come on, think!

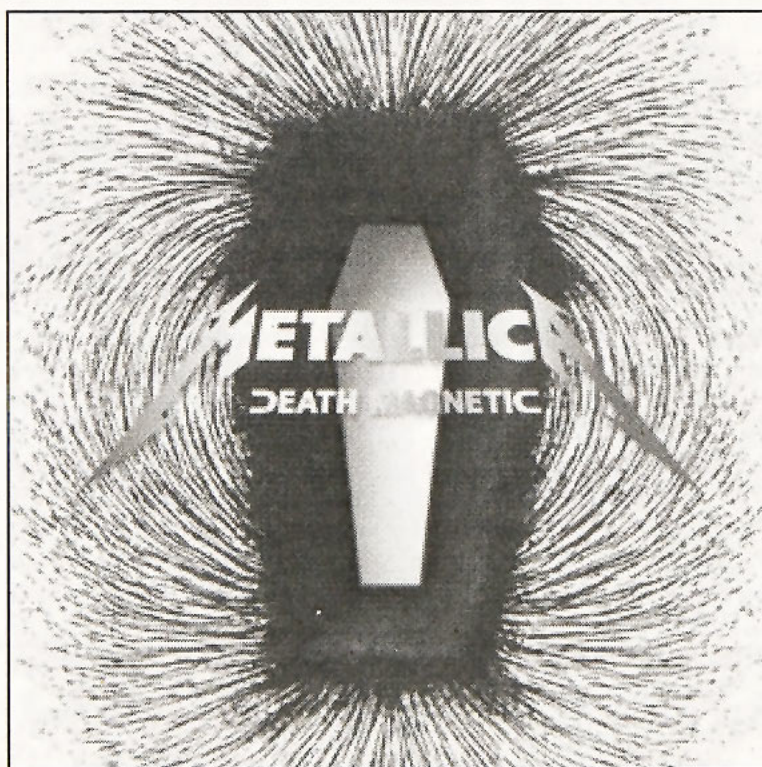
I know a guy. He's the man to call when you just can't find YOU anymore.

Rick Rubin is the little white light at the end of the tunnel.

When a band is down and out, searching for a new road like a lost hitchhiker in the desert, MC Rick helps the disillusioned retrace their steps.

His methods are more remission than addition, bringing a stripped-down level of production to groups who were making hits long before Pro Tools and personal computers were part of the recording studio.

AC/DC, Tom Petty, Johnny Cash, Slayer, Neil Diamond and Jay-Z are just a few names that have experienced middle career resurrections at the hands of the former Beastie Boys DJ turned mega-producer.



© Google

With the release of their ninth studio album "Death Magnetic," the salt-and-peppered men of Metallica are the most recent additions to the list.

For the most part, "Death Magnetic" is a return to the early 1980s thrash-metal sound the Los Angeles shredders perfected with releases "Ride the Lightning" and "Master of Puppets."

Guitarists James Hetfield and Kirk Hammett, who seem energized after waking from their 2003 hangover "St. Anger," floor the accelerator with an aggressively fast riff on the opening "That Was Just Your Life." The speed-slasher is not short on adrenaline as Hetfield growls through the last thoughts of a man on his deathbed.

All nine cuts on the album range between five and eight minutes, making "Death Magnetic" very much a metal fairytale, complete with visions of self-infliction, suicide and resurrection through disaster.

While each thrasher suite gets extended attention, the songs never seem too long.

Who knew that heavy intros and frantic axe solos made for such pleasurable head hammers?

The hyper crunchy "All Nightmare Long" showcases Hammett's relentless right hand and Hetfield's infamous vocal intonation.

If not for their demanding touring schedule, would these mid-lifers still have the chops?

"Suicide and Redemption" is the first heavy Metallica

instrumental in recent memory, putting drummer Lars Ulrich's controlled kit skills to the forefront.

It's assuring to hear them play epic metal again, where layered runs up the chromatic ladder and thick pedal distortion threaten speakers' long-term playability.

While the "authentic" Metallica sound finally resurfaced, there are still loose chords flying around.

Hetfield and Ulrich still butt heads over arrangement; listen when thrashing metal riffs clash with Lars' hyper snare.

And although extraordinary bassist Robert Trujillo joined, it doesn't mean the group would consider showcasing his long-string talents.

Nobody muddles the low-end better than these guys, and Trujillo gets the shaft when spliced into the final mix with all the finesse of a torn paper art project.

But Metallica's "Death Magnetic" is a polished metal record that could care less if it catches any Top 40 spins.

That very formula is what attracted legions of followers to the group during their formative years, not the metal-pop experimentation that bogged the group down into dissention.

Fans can thank rock savant Rubin for encouraging a trip back to the beginning.

Contact Jack at
JCChandl3168@winona.edu

The Fire Five

1

"Rock N' Roll Train"
AC/DC

The first single off the ball breaker's upcoming album "Black Ice" is vintage AC/DC. There's distorted Gibson's from Angus, a steady backbeat from drummer Rudd and wailing lyrics from Brian Johnson. It's a tried and true formula the band is polishing up before another go-around this fall.

2

"Me and Armani"
Emiliana Torrini

Electro-dub and vocals soft as butter are a homerun when coming from Ms. Torrini's amplifier. After getting bombarded the past year by female flows over electric beats, it's nice to hear something a little more innocent and lax from the pop spectrum.

3

"Follow That Sound"
Sharon Little

This relative newcomer went from playing coffeehouses to opening for Robert Plant in the span of one school year. The single from this summer's "Perfect Time for a Breakdown" does the blues more justice than anything released in the past two years.

4

"Gettin' Up"
Q-Tip

How smooth it is. The veteran MC returns on this cool ode to the opposite sex. Hold the man to his words; biting in bed has been promised.

5

"Calling and Not Calling
My Ex"
Okkervil River

It must be some kind of rule that if a band hails from Austin, Texas, they're damn good. The group responsible for the incredible "Black Sheep Boy" LP issues this up-tempo rocker, as Will Sheff serenades with personal lyrics.

A cool first-degree "Burn" for Coen brothers

Film

Burn After Reading

Genre

Comedy, Drama

Director

Ethan Coen, Joel Coen

Cast

George Clooney,
Frances McDormand,
John Malkovich, Tilda
Swinton, Brad Pitt

MPAA Rating

R

Run Time

97 minutes

Joe's Judgement

A

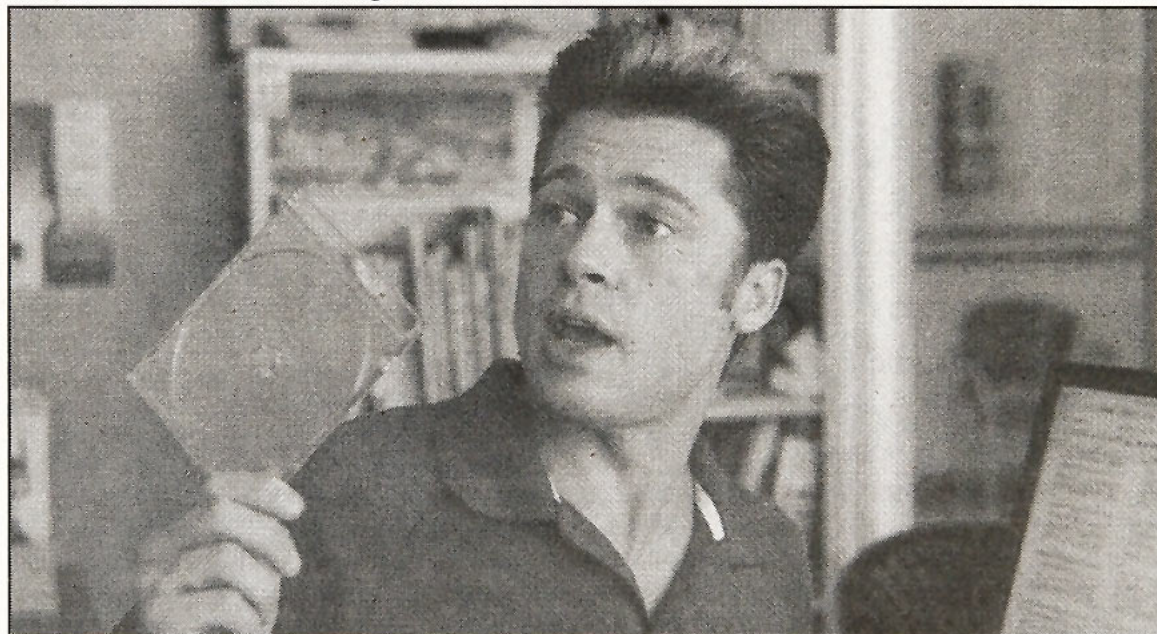
By Joe Underbakke
Winonan

After having witnessed that grippingly realistic portrayal of college that made me second-guess my existence last week, I was glad I was able to change it up this week.

For the first time in nearly a month, a movie was released that I actually wanted to see: Joel and Ethan Coen's follow-up to last year's Best Picture-winning "No Country for Old Men" called "Burn After Reading."

The title refers to a confidential intelligence term used in government agencies regarding classified documents; it couldn't be more ironically applicable, considering the plot.

Osborne Cox, played by John Malkovich, was just fired from his modest position in the CIA and decides to write a memoir of his experiences with the company.



Brad Pitt plays Chad Feldheimer in the new dramatic comedy "Burn After Reading." Pitt is just one of many A-list actors starring in the film about an ex-CIA agent whose ex-wife steals a disc containing a memoir of experiences in the CIA.

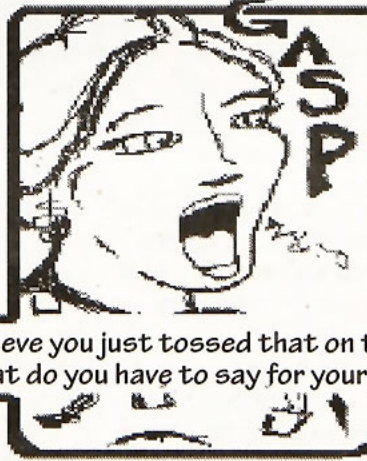
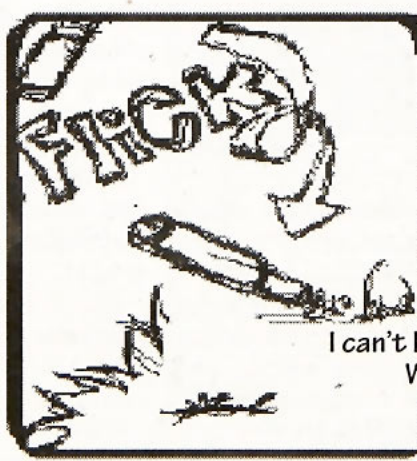
In the midst of a divorce, his wife, played by Tilda Swinton, gets a hold of the unfinished memoir and all of his financial records for leverage.

The disc of information falls in to the hands of a gym employee, Chad Feldheimer, (Brad Pitt) who wants to sell the disc back to Malkovich, which

is where all of the shenanigans begin.

There are multiple sub-plots

See BURN, page 14



I can't believe you just tossed that on the ground.
What do you have to say for yourself?



Why "biodegradable" is NOT a synonym for "Throw out the window."

Study abroad, travel study to enhance college experience

By Rebecca Erdmann
Winonan

One thing that always seems to come up when adults talk about the college experience is "study abroad if you have the chance."

Travel study can be an enriching experience, and the Study Abroad office is available to answer questions from interested students.

Students can make an appointment to meet with CK Kwai, the Assistant Director, by visiting Minné 120.

Winona State University offers programs in ten countries: China, Australia, Egypt, Hong Kong, Japan, Mexico, Spain, Malaysia, South Korea and Taiwan.

Some students consider

studying abroad but discard the idea because it costs too much, or because they don't speak the native language of their desired country. Kwai enjoys dispelling such myths.

"A semester abroad is often cheaper than a semester at Winona State," Kwai said.

Study abroad programs are generally cheaper than a semester Winona State, with the exception of Australia because of the high cost of airfare, and Spain, because of the exchange rate between the euro and U.S. dollar.

All study abroad programs offered through Winona State send students to a sister school in the host country. These schools offer classes in English that will transfer to Winona State and apply toward a

student's major or minor.

The study abroad program in Spain is an exception to this. The program is intended for Spanish majors and minors with a certain level of language proficiency.

Students who study abroad stay in dorms, on-campus apartments or with host families arranged by the local university.

If none of the programs sound appealing, the Study Abroad office can help interested students get in contact with other schools and programs.

Kelly Palik, a junior, wanted to go to France. She researched programs online for months before going to Paris for two months this summer with Global Learning Semesters.

Palik said study abroad "wasn't what I expected," because the school system in France is different from the university system in the U.S.

Kwai describes travel study as "short term study abroad."

Winona State faculty members lead a group of students, and trips are at most four weeks long.

Photojournalism/English major Sarah Botzek traveled to Egypt last summer with Winona State's Mass Communication department.

Botzek had previously studied abroad in England during her sophomore year, but found travel study to be "much easier and well organized."

Students who chose travel study to Egypt attended two weeks of class at Winona State

to prepare them for their trip, and spent two weeks in Egypt, visiting a Mass Communication department at a local university, and learning about mass media in a middle eastern society.

"[Travel study] makes you a better person and helps you understand other people's needs and wants," Botzek says.

The Study Abroad office is hosting a Study Abroad fair 10 a.m. to 1 p.m. today in the Art Tye Lounge.

Each program will have a table with information, students who have traveled to each country, and/or students who are originally from those 10 countries.

Contact Rebecca at
RErdmann06@winona.edu

Dance group preserves Int'l traditions

By Rebecca Erdmann
Winonan

Two lines of dancers stood in the center of a circle of chairs, hands clasped, in the Tau Rotunda.

Barb DuFresne, a woman in a bright purple dress, stands on tiptoe to adjust the microphone and address the people seated in the circle at the first event of the 2008 International Music Series at Winona State University.

The series is in its eleventh year, but is in danger of losing funding from the Residential College.

Ruth Bures, a professor in the Music department in charge of organizing the music series this year, said that the Residential College's "priorities have changed."

Bures urges people to write letters of support, in hopes of getting funding from sources other than the Residential College.

She is also having students who attend the events sign in to prove that the events attract people other than those who

are enrolled in the one-credit International Music class.

DuFresne introduces the group in the circle as the Winona International Dancers, and tells the assembled students and members of the Winona community that "dance is something that is done by everybody."

DuFresne tells the audience that the first dance of the evening is a Serbian work dance and that "this is what you did when you got together" at the end of the day.

The Winona International Dancers are dedicated to preserving the tradition of folk dance as well as having fun while dancing.

The group consists of eight members, hailing mostly from Winona, with a few from Lewiston, Minn. or La Crosse, Wis.

The Winona International Dancers formed in 1979 when some of its founding members, including DuFresne, and Barb Nagel, realized that the tradition of dances passed down from the Germans, Swedes, Poles and

others who settled in southern Minnesota, were being lost.

The group met for practice in the Polish Museum in downtown Winona, then moved to Tau Center when it was still part of the St. Teresa campus.

Currently, they meet at the Dance Studio on Monday from 7:30 to 9:30 p.m..

None of the members of the Winona International Dancers have formal dance training; they learned some dances in gym class in high school or grew up watching family members dance.

The group adds new dances to their repertoire by attending workshops given by people who have traveled to Europe and seen folk dances and from people who have passed down folk dances through generations.

Each member has a particular area of interest and attends workshops focusing on dances from whichever country is dearest to their hearts.

See DANCE, page 15

**If you're not a 9-5 person,
How about 11-2, 4-7, or 6-11?**



**Here's a job that'll fit
into any schedule.**

**If you like great pay at a place
where you can see and meet friends
Call us! (when you have the time)**

E.O.E.

**1441 Service Drive
Winona, MN 55987
(507) 457-8191**

**MILLER
IS YOUR MAYOR**

**Go Warriors!
vote Miller on November 4th**

paid for by Jerry Miller on his own behalf 265W. Broadway St Winona, Mn

BURN

that involve Internet dating, cosmetic surgeries and adultery, which take the film through all of the twists and turns that, by the end of the ride, may leave the audience dizzy.

The absurdity of what's going on in the film, including all of the miscommunications and misunderstandings, are humorously acknowledged and clearly intended by the Coens.

The man in the CIA following the case of Cox's missing data reports his information to the CIA supervisor, played by J.K. Simmons, who's reaction is the same as mine.

Confusion. Confusion as to how all of these different people could be so selfish, heartless and greedy.

It is in this confusion that the movie really finds its humor.

Humor in the fact that all of these people, running around

trying to harm one another with divorces, black mailing, cheating and eventually murder, is for no reason whatsoever.

Malkovich, the character with the best head on his shoulders says, "YOU HAVE NO IDEA WHAT YOU'RE DOING!" in a phone conversation with Feldheimer. He couldn't have been more right.

Despite Pitt's character having little to no intelligence, I found him to be the most delightful of the A-list cast.

His child-like attitude toward social interaction and communication coupled with his physical gestures made for quite a few laughs.

While I found his quirkiness appealing, the similar attempt by the character Harry Pfarrer, played by George Clooney, was more annoying than anything.

In fact, considering how

advertised he was in trailers and the amount of screen time he got in the film, his character was surprisingly disposable.

The movie plays itself as a government spy comedy, but when it comes down to it, it's really more about the characters.

The sensitive, blackmailed information merely acts as a catalyst to set them all in motion, while the audience watches from a distance to see where they end up.

The somewhat inconsequential outcome of the plot left me satisfied but also disappointed. It's good for a few laughs and a good time watching a host of A-list actors acting goofy, but it was far from spectacular.

Contact Joe at
JJUnderb9309@winona.edu

MINOR

present and future.

Winona State is supportive and enthusiastic of the new program. It is with this support that this minor program is so readily available, as well as the continued expansion and addition of other unique

programs.

"The world is not going to change overnight and it is a problem and burden we have to deal with immediately," says Kyle Pruter, a Law Enforcement major. "Being sure those who do want to deal with these kinds

of issues are fully educated on the issues, causes and possibly solutions is the key to unlocking an answer."

Contact Stephanie at
SVetter06@winona.edu

Evening with Wank

Welcome to the jungle

By Alex Wank
Winonan

Life fluctuates, moving rhythmically, reminiscent of a seagoing vessel blown by a calm breeze across water.

Continuing with this metaphor, at times the gentle breeze can pick up into a terrible frenzy seemingly hell-bent on destroying your little boat.

Even more, as you struggle to escape the clutches of the freezing (yes, it's now freezing) water, suddenly the giant maw of a ferocious beast will rise out of the water in front of you, only to shatter the little hope you had, leaving a discarded hunk of metaphorical flesh.

And what, you may ask, may be the good news?

I just saved a bunch on car insurance by switching to Geico.

As you may have noticed, the subtitle of this issue is "Welcome to the Jungle;" the reason: this is the third issue, and I feel that it is time to take this column to new heights.

Today, I will discuss the issue of racism.

Not just any type of racism; I'm talking about the blatant and cruel Dinosaur Racism that is being taught to not only our children, but was taught to us as well.

I never knew that it was such a problem.

Just having watched "The Land Before Time," I am both shocked and appalled by the degree of Dinosaur Racism in what is commonly referred to as a children's movie.

True, in the film the main characters overcome these differences and learn to work and live together.

Before this can happen, the viewer (which just may be your child) must hear such gems as "Three horns never play with long necks."

And this, my dear reader, isn't even the worst of it.

In the film, the main dinosaur, known as Little Foot, whom we are somehow supposed to emulate or look up to, is the biggest dinosaur racist of them all.

I am being completely honest, he actually says this line: "Don't you know anything? Long necks don't talk to whatever you are."

If you're not horrified yet, read that again.

What kind of morals is this movie teaching?

Perhaps we meet someone with an extremely long neck or a birth defect of three protruding horns on their face?

Do we have tea with them?

According to this film, no. We should not play with them.

A better film, which actually teaches us valuable life lessons, (not to mention the fact that it can be found for free on Hulu.com) is "Dr. Horrible's Sing-Along Blog."

This 45-minute film tells the tale of aspiring super-villain Dr. Horrible (Neil Patrick Harris) who dreams of becoming a member of the Evil League of Evil and winning the girl of his dreams.

At every step he is held back by his nemesis Captain Hammer (Nathan Fillion) by a crazy, random happenstance.

This film teaches the viewer that "home is where the heart is, so your real home's in your chest," and that "even in the darkness, every color can be found."

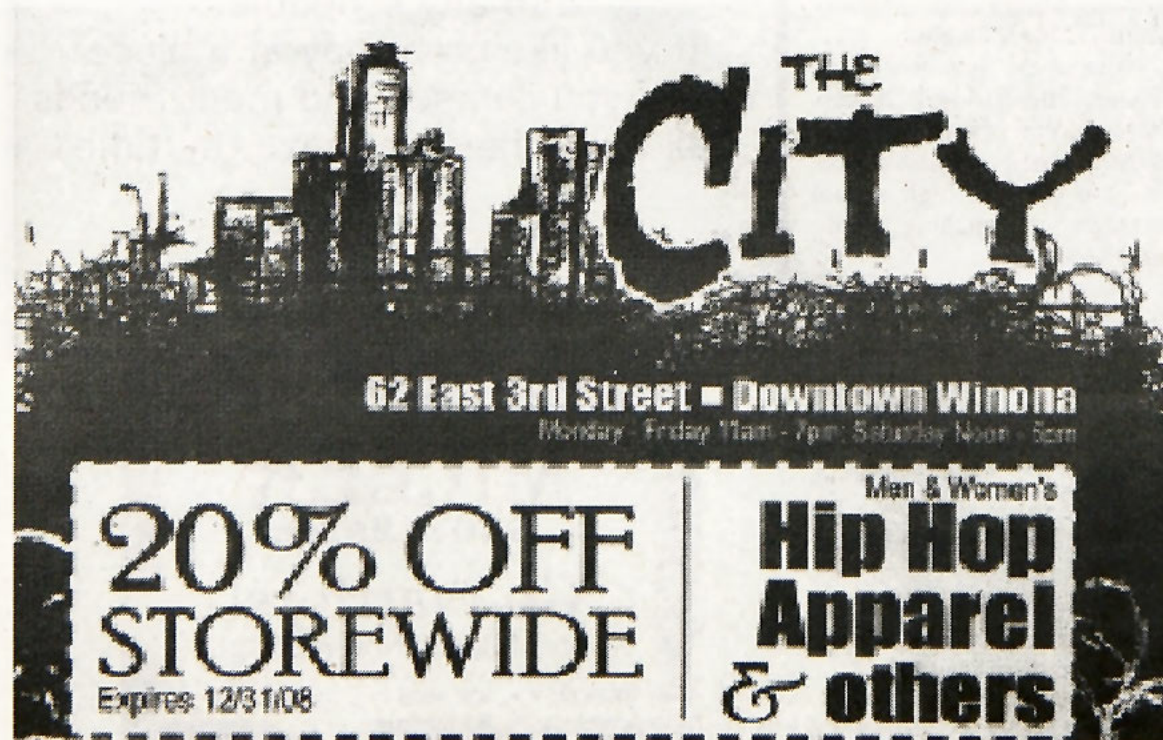
That's the kind of stuff I want to hear.

What's even better is that in "Dr. Horrible's Sing-Along Blog" these amazing messages are sung to me.

That's right. It's a musical; a good musical.

To end this edition I would like to quote the mute man, as he said "..."

Contact Alex at
AWank07@winona.edu



THE CITY

62 East 3rd Street - Downtown Winona
Monday - Friday 11am - 7pm; Saturday Noon - 5pm

20% OFF STOREWIDE
Expires 12/31/08

Men & Women's
Hip Hop Apparel & others

DANCE

Traditional music necessary for the dances is often purchased at these workshops.

Nagel, one of the original members of the group, tries to learn Israeli dances, in tribute to her Jewish ancestry.

DuFresne explains that the costumes each member wears are traditional styles that have been made or found after researching folk dress.

The group performs several dances, including a Romanian line dance, an English circle dance, a Polish regional dance called Miserka, an Israeli dance and a traditional American folk dance.

An important part of the International Music Series is audience participation.

The Winona International Dancers teach the audience several dances that get people on their feet and interacting with each other.

The International Music Series is a free event held in the Tau Rotunda on Winona State's west campus.

Events are most Thursdays, beginning at 5:30 p.m..

The next concert is Sept. 25, and will feature Finnish folk music.

Contact Rebecca at
RErdmann06@winona.edu



Members of the International Dancers group in October 2007 after a traditional Polish dance performance at the Polish Museum in Winona.

Photo contributed by Barb Nagel

SING IT LOUD

COME AROUND

Debut album available 9-23-08

On tour this fall with *Labra Starship*
On tour now with *Valencia*



Look for an article in
the Winonan in the
Sept. 24 issue.

Sing It Loud will be in
La Crosse, Wis., on
Sept. 25 at The Warehouse.



Warriors sweep Saint Mary's in home opener

By Johnny Podominick
Winonan

The Winona State University volleyball team got back on the winning track this week, defeating crosstown rival Saint Mary's University in dominating fashion.

The Warriors swept the match 3-0, holding Saint Mary's to less than 20 points in each of the three sets, to win 25-11, 25-15, 25-17 last Tuesday at McCown Gymnasium.

It was the home opener for Winona State, and in front of 832 fans – the third largest



Peterson

crowd in program history – the home team did not disappoint.

The Warriors got out to a fast start, building an 11-3 lead in the first game, due in large part to a high hitting percentage. The Warriors posted a .417 mark in Game 1 and followed that up with a .324 hitting mark in the final game.

The Cardinals gave Winona State some trouble in the second set, jumping out to an early 6-5 lead, but the Warriors regrouped and won the set.

Jessi Peterson led the way for the Warriors, collecting a match-high 10 kills on 25 attempts. Rudi Balich added eight kills on 18 attempts. Setter Mollie Bjelland controlled the offense with 30 assists and was also effective with her serve, recording a game-high five aces.

"Mollie does a fantastic job of distributing our offense," WSU head coach Connie Mettill said.

The Warriors were hoping

for 1,000 fans as part of their annual "Pack the Gym" night, but despite falling just short, WSU head coach Connie Mettill said she was happy with the crowd.

"It was fun to see all the purple," Mettill said. "It was the first time we have been on television, which is exciting and fun for us. Obviously, getting the win was the most important thing."

For Mettill, the win was a chance to get ready for conference play, and her team did just that.

"It was a complete match in front of the home crowd," Mettill said. "We are very happy with how the match turned out."

The game was also a chance for Mettill to test her team leader, Carmen Stankowski, who has been battling injuries all season long.

"She's the kid that our offense runs through," Mettill said.

"We were very pleased to have her back."

Stankowski was evaluated by a specialist over the weekend, and will meet with Mettill this week to talk about her progress.

"She has a pretty substantial back injury," Mettill said. "We have to make some decisions about what she can and can't do."

Whether or not Stankowski's injuries slow her down, Mettill said her team is still ready for conference play.

"We have to go with the kids that are healthy, the kids that are ready to go," Mettill said.

"Our conference is going to



Mettill

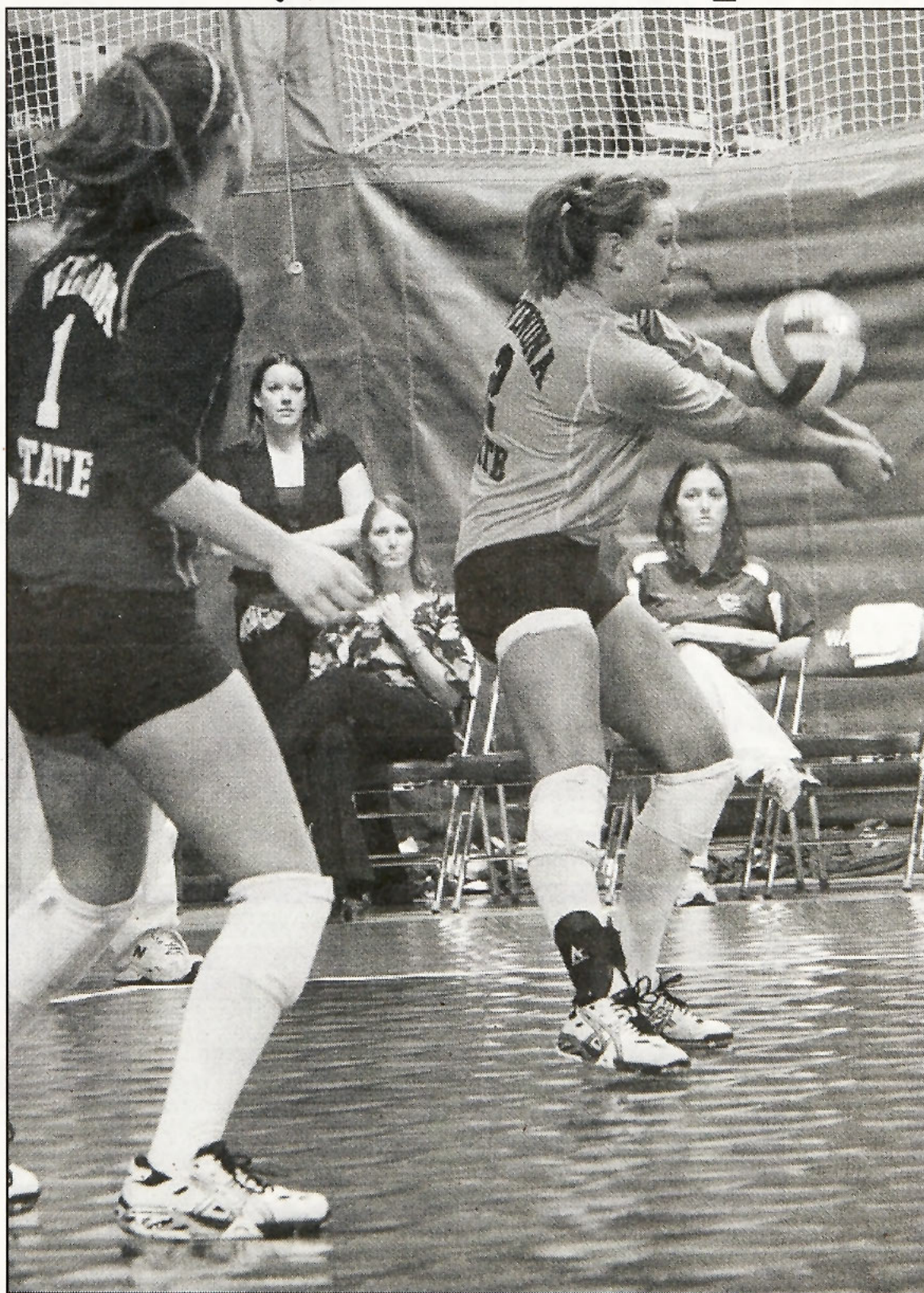


Photo by Nick Furlong/Winonan

Winona State University's Kelsey Penebaker, left, watches on as Carmen Stankowski makes a play Sept. 9 during the Warriors 3-0 nonconference victory against Saint Mary's (Minn.).

be very tough. We have a very on-par league. We are going to have to fight and battle, and

perform, every night."

WSU has back-to-back games against St. Cloud State this

See VOLLEY, page 19



Photo by Katherine Chickey/Winonan

Winona State senior running back Randy Spring (3) fights for yards Sept. 13 during the Warriors' 31-7 victory at Maxwell Field at Alltel Wireless Stadium.

Balanced Warriors win second straight

By Adam Stanek
Winonan

If you ask any coach in college football, one aspect they always want their team to have is balance on offense, defense and special teams.

For the Winona State football team, they had all three as they defeated Bemidji State 31-7 Sept. 13 in its second Northern Sun Intercollegiate Conference game of the season.

The key to the Warriors' big win was not so much offensive production, but time of possession and field position.

"They won the (NSIC) championship two years ago," Winona State coach Tom Sawyer said. "But I think the key to the game was us taking care of the football. They turned the ball over a couple of times and when they did, we turned those into points."

Winona State held the ball for eight minutes longer than the Beavers and freshman punter Cullen Fahey managed to pin the Beavers inside the 20-yard line on four occasions.

The Warriors put up the first score of the game late in the first quarter as junior quarterback Greg Preston ran up the middle

on a 1-yard quarterback keeper to put the Warriors up 7-0.

Winona State would add to that lead in the second quarter.

Todd Burkoth caught a long pass from Preston and was tackled at the 2-yard line.

"It shouldn't happen to a 270-pound guy," Sawyer said jokingly of Burkoth getting tackled before getting into the end zone. "We had expectations for him going into that game."



Verbancouer

Burkoth led Winona State in receiving with four catches for 83 yards.

Then, it was time for the 240-pound running back,

Andrew Verbancouer, to get his chance as he took the ball on the next play and plunged two yards into the end zone.

This gave the Warriors a 14-0 cushion into halftime.

In the third quarter, the Winona State defense continued to dominate, keeping Bemidji State out of the end zone.

In the meantime, the Warriors

See *BALANCE*, page 19

Southworth, Smith lead women's cross country; Ledin, Slack pace men's team at Saint John's Fall Invitational

By Winonan staff

It doesn't take long to find Jenna Southworth's name in the race results.

Southworth, a transfer to the Winona State University women's cross country team from UW-Oshkosh, ran to her second top-two finish in

as many meets Sept. 12, taking second at the Saint John's Fall Invitational in Collegeville, Minn.

Southworth, who won the Saint Mary's (Minn.) Alumni Open on Aug. 30 to pace the Warriors' season-opening team championship, finished in



Smith

23 minutes, 4 seconds. The Warriors placed third out of 12 teams.

Winona State's Steph Smith

finished 14th in 24:17. Allie Glasbrenner came in 18th at 24:42.

The Winona State men's cross country team finished eighth at the Saint John's Fall Invite.

Ryan Slack and Ryan Ledin, the Warriors' team captains, stayed neck-and-neck out front of the Warriors pack at the 10-

team invite.

Slack finished 50th in 29:20 and Ledin was right behind in 51st with a time of 29:24.

Both teams will be back in action Sept. 20 at the Saint Olaf Invite.

Warriors nationally-ranked run continues

By Chandler MacLean
Winonan

Since Sept. 4 of last year, the Winona State University women's soccer team has held a spot in the top 25 of the National Soccer Coaches Association of America/ADIDAS Division II rankings.

For the past 53 weeks, the Warriors have bounced along the elite rankings, climbing as high as No. 7 in the polls last season, and as of Sept. 15 (the WINONAN goes to print Monday, the rankings come out Tuesday), as high as No. 12 this season.

"We have a veteran team right now," Warriors coach Ali Omar said. "We just try to stay grounded as much as we can. We've been in the top 25 since last year. It's just another thing for us."

The formula has worked so far this season. The No. 12-ranked Warriors held off Concordia-St. Paul 1-0 on Sept. 12 at Maxwell Field at Alltel Stadium to improve to 4-1. The Golden Bears upset then-No. 7 ranked Winona State 1-0 early last season. This time, Winona State junior Martha Curtiss gave the Warriors a lead they never relinquished, scoring on an assist from Amelia Kasten in the sixth minute.

"It sets a good tone for the rest of the season," Curtiss said. "The loss last year was really quite a shock to us. All of us were pumped to get the opportunity to play them again."

Warriors senior goalkeeper Amanda Diehm had the dayoff after picking up another Northern Sun Intercollegiate Conference honor.

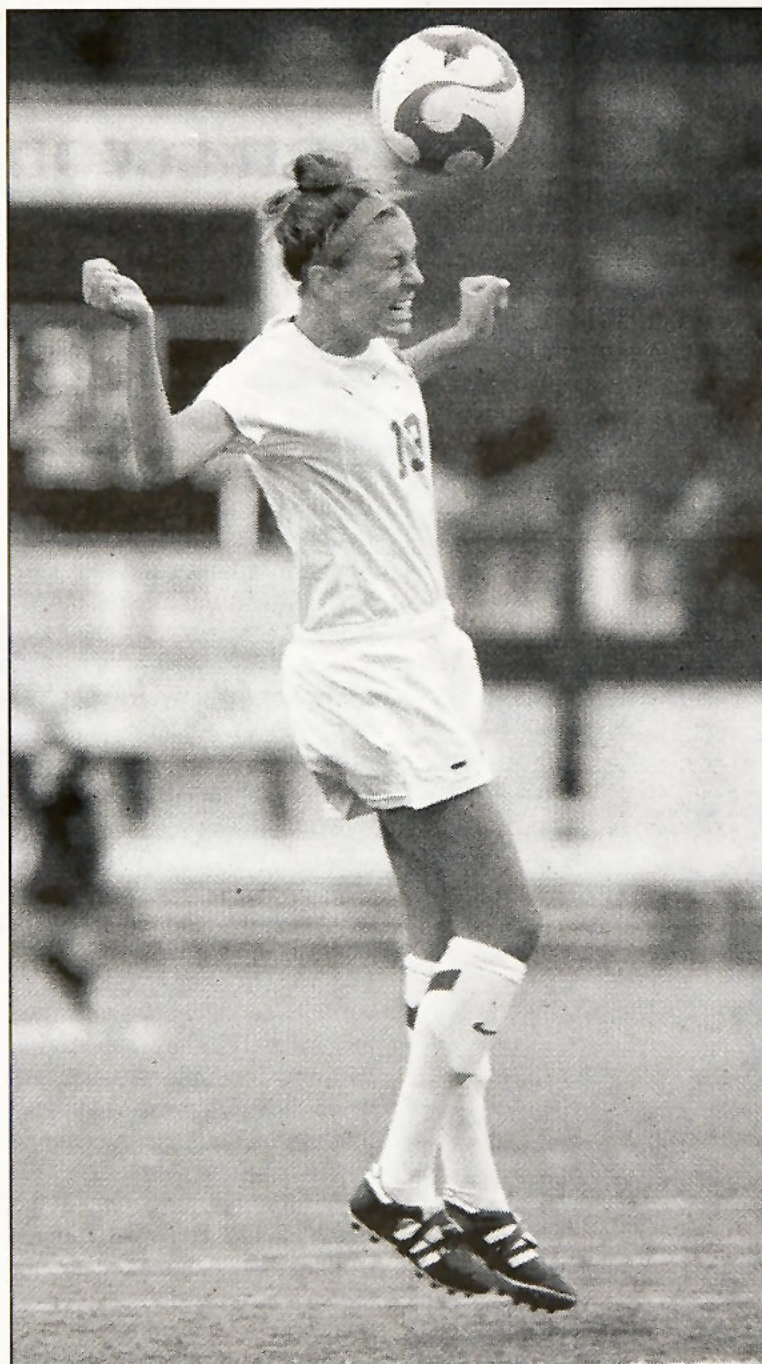


Photo by Katherine Chickey/Winonan
Winona State University's Katy Soliday goes up for a header during the Warriors 1-0 victory Sept. 12 over Concordia-St. Paul at Maxwell Field at Alltel Wireless Stadium.

Diehm had nine saves in two games prior to the win against Concordia-St. Paul, four of which came in a 1-0 shutout victory Sept. 5 against Fort Lewis (Colo.).

The Warriors will play five of their next six games on the road beginning Sept. 20 at Minnesota State-Moorhead.

"We need to go with a good attitude," Omar said after the victory against Concordia-St. Paul, "knowing we can win games, 1-0, 2-0, regardless.

But it's not the score today or the win, it's the performance that we had on the field that makes it easier for me to go on the road next week, knowing that we're becoming a better team every game."

Contact Chandler at CLMaclean9357@winona.edu

CLUB SCENE: Winona Elite League modeled after NHL, brings hockey to Winona State

By Chandler MacLean
Winonan

(Eds. Note: "Club Scene" will feature a campus athletic club each week. Email clmaclea9357@winona.edu to have your club featured)

It started with seven friends, playing what amounted to pickup hockey, in a corner of an ice arena.

The friends remain from the days of the two-on-two league with a shared goaltender. But that's about the only thing that will look familiar when the Winona Elite League drops the puck for its season opener Thursday at the Bud King Ice Arena in Winona.

Winona Elite League, a first-year campus hockey club, will feature five 12-man teams, each playing a 24-game regular season. The top four teams will qualify for the playoffs, best-of-five series throughout. The Roughriders and Bombers open the season today at 7:45 p.m.

The four-on-four league is meant to resemble a scaled-down version of the National Hockey League. There was already a league tryout and

draft, there's an all-star game and skills competition before winter break, and games promise to include big-league amenities, such as checking and musical interludes during breaks in action.

"We try to give the crowd a pro experience, just like we do with the players," said Miles Eakins, WEL director of operations. "The games are fast, there's a lot of hitting depending on what teams are playing and it's a really good level of play for the most part."

Players of varying skill levels round out the teams. A rotating crew of referees officiate the games.

"We have a few guys that have only really played pond hockey," Eakins said. "We have guys who've played juniors and guys who played high-level high school hockey."

League schedules, statistics and other information are available at www.winonaelite.com. Sign-up for this season is closed, but a waiting list is already being formed for next season's new players.

There is no admission for spectators.

Now Hiring

SPORTS REPORTER

Position requires writing skills. Offers great experience and flexible hours.

Pick up an application in the Winonan office in the Lower Hyphen of Kryzsko Commons
-OR-

E-mail sports editor Chandler MacLean at clmaclea9357@winona.edu

BALANCE

expanded on their comfortable lead.

Verbancouer added another 3-yard touchdown run midway through the third quarter to increase the Warrior lead to 21.

Winona State put up some points on their next possession but in an unorthodox way. Fahey, the team's punter, came in to attempt a 44-yard field goal. It was Fahey's first collegiate field-goal attempt, but he showed no nerves as he booted it through the uprights to give Winona State a 24-0 lead.

"After getting three PAT's out of the way, I felt like I had a groove going," said Fahey who

took over the kicking duties in the game. "I knew if I just kept to my routine, I'd be OK."

"Cullen's performance this week was fantastic for a kid right out of high school," said Sawyer.

The Beavers didn't get their first score until midway through the fourth quarter when Derek Edholm connected to George Kadlec on a 20-yard pass play in which the Winona State defense lost its focus for a moment.

However, the Warriors answered back later in the quarter.

The Warriors got a big interception out of Craig

Martindale as he returned the ball 46-yards to the Bemidji 20-yard line.

This led to an unfortunate event in the game, as toward the end of the play, a Bemidji State player suffered a serious head injury and had to be taken off the field on an ambulance.

After a holding penalty called on the return, the Warriors marched 30 yards for a touchdown.

Backup quarterback Amir Ross connected on a 23-yard pass play to senior fullback Ellis Minor, who marched in for the Warriors' last score, putting them up 31-7.

Offensively, Winona State's

leading passer was Greg Preston, who went 13 of 24 with 141 yards and a touchdown run.

On the ground, the Warriors got another solid performance out of Randy Spring, who had 13 carries for 73 yards.

With all the Warriors' success, one player received NSIC honors.

The aforementioned freshman Fahey received the NSIC Special Teams Player of the Week award.

In his first collegiate start as a kicker, Fahey went 4-for-4 on extra points and scored a total of 7 points in the game without missing.

The Warriors are now 2-0 in NSIC play and 2-1 overall.

This Saturday, Winona State will not only be hosting their last of a three-consecutive game home stand, but the university will be playing its annual homecoming game against conference foe Concordia-St. Paul.

"We have to play well, it's a homecoming game," said Sawyer. "With all the hoopla around, it's what happens inside the white lines that counts."

The game will kick off at 1 p.m. Saturday at Maxwell Field at Alltel Wireless Stadium.

Contact Adam at AJStanek7497@winona.edu

Strangstalien second after first round of NSIC Championship, Placko, Christensen crack top 20 at Concordia Invitational

By Winonan staff

Winona State's Brady Strangstalien, two-time defending medalist in the Northern Sun Intercollegiate Conference, ended the first round of the Northern Sun Intercollegiate Conference Championship in a four-way tie for second place Sept. 14-15 at the Eagle Creek Golf Course.

Strangstalien shot a two-round 145, three strokes off

the pace, after the first of three NSIC Championship meets.

Winona State's Ryan Peavey finished tied for 15th at 150.



Strangstalien

The Warriors will start the round

two tied for sixth of 11 teams.

The Winona State women's golf team finished sixth of 11 teams at the Concordia Fall Invitational with rounds of 335 and 336.



Christensen

ona State's Megan Placko shot back-to-back rounds of 77 and finished seventh at Tartan Park Golf Club. Tara Christensen shot 86 and 84 to tie for 20th.

The Warriors women compete next Sept. 20-21 at the Southwest Minnesota State hosted Mustang Invitational.

The Warriors men will host the Express Suites Riverport Collegiate Championship at the Bridges Golf Club in Winona.

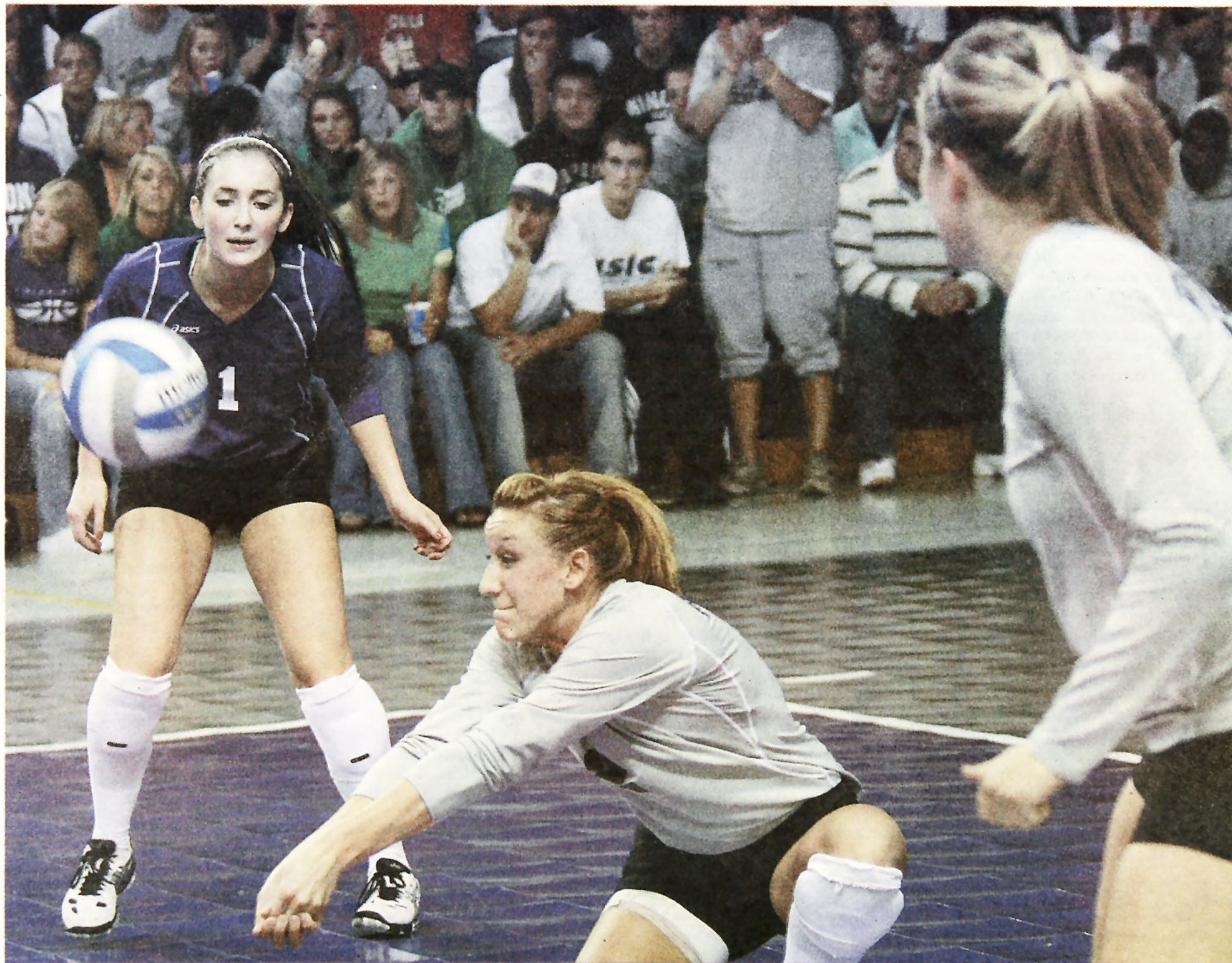
VOLLEY

week, Tuesday in St. Cloud and Friday at home. On Saturday, the Warriors take on defending national champion and No. 3-ranked Concordia-St. Paul at home.

Contact Johnny at JPodominick06@winona.edu

Too Much Information: Four quick questions with five WSU athletes

Player, team:	Packers or Vikings?	Best place to study:	Least favorite practice activity:	What's on your iPod?
Ryan Rothwell, football	"Packers all the way."	"Library."	"Nothing."	"Country and metal."
Gina Florian, soccer	"Da Bears."	"Anywhere quiet as long as I have Mugby."	"Defensive shuffles."	"I shuffle it up. Whatever fits my mood for that day."
Madeline Heinrich, cross country	"Go Pack Go!"	"Second floor of the library in one of those little cubicles."	"Tempo runs."	"If I had one, 'Let Go' by Frou Frou."
Michelle Narveson, golf	"Packers!"	"In the library."	"Sprints."	"A little bit of everything."
Eric Swan, football	"Packers, for sure."	"Library."	"Warm-ups."	"Britney Spears."



HOLDING COURT

Third-largest crowd on hand for home volleyball sweep

FOOTBALL

Warriors 2-0 in Northern
Sun, Homecoming Saturday

WOMEN'S SOCCER

National-power Warriors
continue rankings climb

- Strangstalien in the hunt
- Impact freshmen
- 4 questions, 5 Warriors...

Photo by Nick Furlong/Winonan